

SAFETY ZONE NEWS

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HAPPY THANKSGIVING

The Thanksgiving Holiday will soon be here.

What are you most thankful for this year?

For the most part, people are thankful for their health, family and job.

Sometimes, people don't realize how good they are doing and end up taking things for granted.

This is a good time to really look at ourselves, our jobs and who we have in our lives.

Also, let the people in your life know that you are thankful for them. Tell your family members, relatives and your friends. Maybe they don't know how important they are to you.

Jobs are hard to find and we can be thankful that we are working and have

an income to support our families.

We all have many different reasons to be thankful and we can be thankful in our own way.

NECA would like to thank all the employees for all their hard work and dedication. NECA is a team and we all need

each other to prosper. Again, thank you.

We hope everyone has a good Thanksgiving Holiday.

Safe Travels



What to Look For

The following events are scheduled for the month of November 2017:

1. November 8, 2017 - Foremen Meeting, Farmington Civic Center, Farmington, NM. Starts at 8am.

2. November 14, 2017 – First Aid/CPR/AED, NECA Base 5 Conference Room, 8am.

3. November 23-24, 2017 – NECA is closed for Thanksgiving Holiday

Employee times and cards will be charged to your project. Supervisor must approve your training.

SAFETY ZONE NEWS

SAFETY ZONE NEWS will only be available on the NECA website.

Each month, a link to the website will be emailed to all NECA emails addresses and all personal emails addresses listed.

If you do not have an assigned NECA email

address and would like to receive an email with the link, then send in your email address to the Safety Department.

Foremen, you can make a list of your personnel with their emails, and send the list in to the Safety Department.

Anyone who does not have an email address can go to the NECA website to read the newsletter.

There will be printed copies available in Safety Department.

"It is important that you keep yourself safe to prevent injury or illness."

Hard Hat Policy

The winter weather is approaching and the temperature is getting cooler. We need to remind everyone of our Hard Hat policy.

From our policy, "No bandanas, hoods, caps, or hats of any types shall be worn under hard hats, unless approved by the manufacturer".

Anyone who purchases a liner for their hard hat needs to provide their supervisor with the manufacturer's paperwork that shows the item was made to be worn with a hard hat.

Hard hat liners are accessories and employers are not required to purchase

these items for the employees.

Again, only items that are manufactured to be worn under a hard hat are allowed.

SAFE MAN-HOUR AWARDS

NECA would like to recognize the following work crews.

These crews have reached their goal of Safe Man-hours worked during the month of October.

Each member of these work crews will be receiving a Safety Award as a token of appreciation for working safe.

603 Ned Johnson
614 Nelson Morris
Main Building
Cary Patterson

OSHA Releases its List of the 2017 Top 10 Violations

Last month we listed the 2016 Top 10 OSHA Violations. Here is a 2017 list. Fall protection, hazard communication, scaffolding, respiratory protection and lockout/tag out are the leading OSHA violations for 2017, according to Patrick Kapust, deputy director of OSHA's Directorate of Enforcement Programs.

The Top 10 list, along with the number of violations, is:

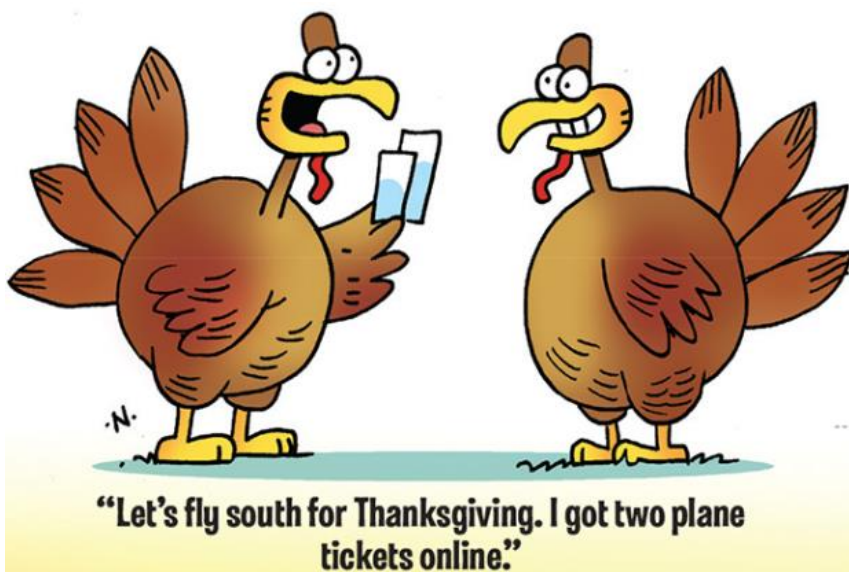
1. Fall Protection – General Requirements (1926.501) – 6,072
2. Hazard Communication (1910.1200) – 4,176
3. Scaffolding (1926.451) – 3,288
4. Respirator Protection (1910.134) – 3,097
5. Lockout/Tag out (1910.147) – 2,877
6. Ladders (1926.1053) – 2,241
7. Powered Industrial Trucks (1910.178) – 2,162
8. Machine Guarding (1910.212) – 1,933
9. Fall Protection – Training Requirements (1926.503) – 1,523
10. Electrical – Wiring Methods (1910.305) – 1,405

The rankings for OSHA's Top 10 most cited violations vary little from year to year, there is one new addition this year: Fall Protection – Training Requirements (1926.503).

"The OSHA Top 10 is more than just a list, it is a blueprint for keeping workers safe," said National Safety Council President and CEO Deborah A.P. Hersman. "When we all work together to address hazards; we can do the best job possible to ensure employees go home safely each day."

Remember, you are responsible for your safety. Report any unsafe conditions to your supervisor for correction.

"Protect Yourself, Get Educated"



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"Nobel Employees
Communicate Awareness"



Look for our upcoming
tab on NECA's Website

FLU SEASON – TAKE CARE OF YOURSELF

The Occupational Safety and Health Administration (OSHA) is encouraging employers and employees to maintain a healthy, flu-free workplace this season. Here's what the agency recommends:

- **Get vaccinated.** Vaccination is the most important way to prevent the spread of the flu.
- **Stay home.** If you're sick, don't come to work. The Centers for Disease Control and Prevention (CDC) recommends that those who have a fever and respiratory symptoms stay home until 24 hours after their fever ends without the use of medication.
- **Wash your hands frequently.** Use soap and water and wash for a full 20 seconds. If soap and water are not available, use an alcohol-based hand rub.
- **Avoid touching the nose, mouth, and eyes.**
- **Cover coughs and sneezes** with a tissue, or cough and sneeze into your upper sleeve.
- **Keep frequently touched common surfaces like phones and computer equipment clean.**
- **Do not use a coworker's phone or other work tools and equipment.** If you must, consider cleaning the device first with a disinfectant.

Happy
Thanksgiving